

Test Details

Sample Type: Urine **Collection Location:** At Home

The Organic Acids Test (OAT) provides a comprehensive nutritional and metabolic snapshot of an individual's overall health.

Key Details

- Do not collect your sample while menstruating.
- You will collect your sample **upon waking, before eating or drinking.**
- Freeze your sample before shipping.
- Ship your sample Monday-Thursday. For **international shipments**, ship Monday-Wednesday.

Before you Start

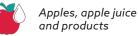
Use the QR code inside your kit or go to MosaicDX.com/register to register your test. No QR code in your kit? Use paper requisition included.

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Collection Preparation

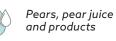
- If you are taking antibiotics, finish the course of medication and wait 48 hours before collecting your sample.
- Complete the barcode sheet from your test kit, affixing a barcode sticker to each sample.
 - ° Verify that the information is legible and includes the collection date and a matching name for the test order.
 - ^o Samples lacking labels will be rejected.

 Avoid the following foods and supplements for 48 hours prior to collection:





Grapes, grape juice and products (including raisins)



cranberry juice and products

Cranberries,

Reishi Mushrooms or Echinacea

Arabinoaalactan or Ribose Supplements

Review inlcuded shipping instructions.

Any Questions?

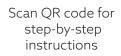
If you have questions about any aspect of the specimen collection or shipping process, please feel free to contact us:



Phone | our friendly customer service team is available Monday through Friday 8am-5pm CST at 800-288-0383



Email | CustomerService@MosaicDX.com







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Visit MosaicDX.com for more resources

(800) 288-0383 customerservice@mosaicdx.com 8400 W 110th Street, Suite 500, Overland Park, KS 66210

