



Domestic Specimen Transport Instructions

TO AVOID SPECIMEN REJECTION PLEASE FOLLOW THESE INSTRUCTIONS.

**** DO NOT CONSUME A HEAVY MEAL PRIOR TO BLOOD DRAW. ****

1. Complete and sign the appropriate requisition forms.
2. Clearly label the Serum Separator Tube (SST) with patient's name, draw date and date of birth.
(Please note we cannot accept expired SST's)
3. Fill SST with blood. Gently invert tube 2-3 times. Let tube stand at room temperature for 30 minutes to activate the clotting mechanism.
4. Place the tube in centrifuge and spin for 15 minutes at 3200rpm.
5.
 - a) Place SST(s) into the Styrofoam packing with Drimop packet.
 - b) Slide the Styrofoam into the biohazard bag.
 - c) Slide biohazard bag into cardboard box.
 - d) Place the box with paperwork into the shipping envelope.
6. **Shipping instructions per federal and state regulations:**
Via FEDERAL EXPRESS:
 - ▶ Keep the left side of the billable stamp for your records. Note the patient details and date
 - ▶ Place the box(es) into the FedEx lab-pack and seal.
 - ▶ Call 1-800-463-3339 to arrange for pickup for a billable stamp package.
Via USPS:
 - ▶ Place return mailing label on USPS Priority Envelope (keep small portion of label with tracking number for your records).
 - ▶ Drop off at local post office or call USPS for pick-up.

Test results will be released to the ordering practitioner.

If you have any questions please call us at 800-225-5404 or email us at alletess@foodallergy.com.