

PRACTITIONER

PATIENT

Name: Sample Patient
DOB:
Gender:

TEST	RESULT			
Array 4 – Gluten-Associated Cross-Reactive Foods and Foods Sensitivity **	IN RANGE (Normal)	EQUIVOCAL*	OUT OF RANGE	REFERENCE (ELISA Index)
GLUTEN-CONTAINING/GLUTEN-CONTAMINATED				
Rye, Barley, Spelt, Polish Wheat	0.27			0.0-1.1
Instant Coffee	0.30			0.0-1.5
GLIADIN CROSS-REACTIVE FOODS				
Cow's Milk		1.94		0.0-2.0
Alpha-Casein + Beta-Casein	0.91			0.1-1.7
Casomorphin	1.14			0.0-1.8
Milk Butyrophilin	<0.20			0.0-1.4
Whey Protein	0.57			0.1-1.3
Milk Chocolate		0.83		0.0-1.2
Yeast	0.80			0.0-1.5
Oats	0.73			0.0-1.4
Millet	0.47			0.3-1.5
Rice	0.38			0.0-1.2
Corn	1.23			0.0-2.7
NEWLY-INTRODUCED AND/OR OVER-CONSUMED ON GLUTEN-FREE DIET				
Buckwheat	0.28			0.0-0.8
Sorghum	0.55			0.3-1.2
Hemp	0.47			0.0-2.3
Sesame	0.16			0.1-1.3
Amaranth	0.30			0.0-1.8
Quinoa	0.56			0.5-1.5
Tapioca	<0.20			0.0-1.4
Teff	0.63			0.0-1.3
Potato	1.23			0.7-1.8
COMMON ANTIGENIC FOODS				
Egg, Raw	0.40			0.0-0.6
Soy	0.70			0.2-1.2

** All analytes are tested for IgG and IgA combined.

* Reference ranges are calculated based on the mean ± 2 standard deviations (SD). Results > 1 SD, and < 2 SDs above the mean are considered to be equivocal. An equivocal result represents the range between negative and suspicious low positive results. Results > 2 SDs are considered out of range, and positive.

Mark G. Kartub, M.D., Medical Director

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