

Place complete
hair specimen within
the borders
of this box

A

FOR AN ACCURATE REPRESENTATION OF THE CURRENT TRACE ELEMENTS, PLEASE FOLLOW THE HAIR SAMPLING INSTRUCTIONS LOCATED ON THE REVERSE SIDE OF THIS CARD.

HAIR WEIGHT SCALE

INSTRUCTIONS:

1. Fold sides of this card to the down position and place on level surface.
2. Place properly cut hair (refer to sampling instructions on reverse side of this card) within the lines of the designated box above.
3. Keep adding hair until side "A" touches countertop.



TRACE ELEMENTS
P.O. Box 514
Addison, Texas 75001 U.S.A.

OBTAINING A HAIR SPECIMEN

Scalp hair is the only source recommended for analysis. The hair should be untreated, i.e. not permed, dyed or bleached. If the hair has been chemically treated, wait until sufficient new virgin growth has emerged to allow for sampling. The hair should be free of gels, oils, and hair creams prior to sample collection.

LOCATION

The hair should be taken in small portions from at least four or five different locations of the scalp. The recommended areas for collection are the nape of the neck, posterior vertex and posterior temporal regions.

LENGTH

Using high-grade stainless steel scissors or thinning shears, cut the hair as close to the scalp as possible. The sample length should not exceed 1½ inches. Retain the proximal portion (1½ inches closest to the root) and discard the excess.

AMOUNT

Follow instructions on the reverse side of this card to obtain sufficient sample weight, (approx. 100 milligrams) or one heaping teaspoon.

